



luminest
community development

MOUNT VERNON



Summer 2023

Annual Block Party!

Thursday, September 7th 5-7pm

Mount Vernon Parking Lot/Community Center

Rain or shine

Free hot dogs, ice cream, face painting/body art



What's Inside

MVT Events (upcoming & recap)

News/Reminders

Community Resources/Events

Dates to Remember & Contact Info



Mount Vernon Events



Fresh Express

Fresh Express is a food program that is offered through Central PA Food Bank. This is an in person food selection event held at the Valley Terrace Community Center on **the last Tuesday of the month**. Residents bring bags and make food selections from items provided by the Central PA Foodbank. Usually there is a protein, milk, eggs, fresh produce and dry goods. If Fresh Express changes to a different day other than the last Tuesday of the month we will notify you via flyer. **The time for Mount Vernon residents is 11:30**. If you wish to start attending Fresh Express and have not enrolled/renewed enrollment in the past year contact Lydia to enroll.

Senior boxes (CSFP & Eldershare) with additional shelf-stable items are also available for those who meet eligibility income levels are age 60+. You must enroll ahead of time for these programs and commit to picking up your box every month. If interested schedule a time with Lydia to enroll.

Fresh Express Re-enrollment In July

July is our annual Fresh Express re-enrollment month. That means that when you come to Fresh Express in July you will need to make sure to sign a form with Lydia as you enter to re-enroll for another year. You do not need to provide any proof of income or ID.

If you are not coming to Fresh Express in July but would like to enroll or re-enroll you can do it in August-just make sure to tell Lydia you need to complete the enrollment form when you come.



Luminest Offices will be closed Tuesday, July 4th for the holiday

July 18th-July 21st Mount Vernon Office will be closed due to staff training

Presentation on Supporting Digestive Health by Martha Swope



Franklin/Fulton counties mobile psychiatric nurse, Martha Swope, will return to present on arthritis on **Wednesday, August 16th at 1pm to the Wayne Gardens Community Room. The community room is located in the Wayne Gardens building that is furthest back towards the end of the culdesac (900 Wayne Gardens).** Residents of Mount Vernon are welcome to attend. If you contact Lydia ahead of time she will make sure to be on the lookout for you to let you into the Wayne Gardens Community room since Wayne Gardens is a secure building.

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Free Meals Brought To You by Restoration Church and Be The Village

Restoration Church of Waynesboro delivers homemade free meals on usually the last Monday of the month to the Wayne Gardens Community Room from 5:20-5:45 for either pickup or to eat at a table in the Wayne Gardens Community Room. This is open to Valley Terrace, Mount Vernon and Wayne Gardens residents. You are welcome to stop by and eat in the community room or pick up for yourself/your family. If you have never picked up before please let Lydia know so she can make sure the church brings enough meals.





Senior Fruit and Veggie Voucher Enrollment

The office on aging plans be at the Valley Terrace Community Center to distribute senior fruit and veggie vouchers on Wednesday, July 5th at 2pm. If you would like to attend please contact Lydia for a time slot.

These vouchers are available if you are 60 years or older or turn 60 by the end of this year and make 26,973 or under for one person or 36,482 or under for two people. The vouchers can be used in participating local farmers market for locally grown produce. Last year the vouchers totaled value was \$24 but that may increase to \$50 this year

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Produce Boxes

Lydia (Mount Vernon Supportive Service Coordinator) has been picking up produce boxes for residents in Chambersburg. Residents can then pick up their produce box from the Mount Vernon offices. The next produce box pick up will be on July 27th. If you have not signed up and would like to start picking up a produce box contact Lydia and she will add you to the list. Boxes are free. Please inspect produce before and discard any produce that has turned. Boxes include a variety of vegetables and sometimes fruit such as potatoes, onions, apples, etc. If you can not make it to the Mount Vernon office to pick up your box during business hours Lydia and you can arrange an alternate means of getting the box.



Event Recap

Strawberry Hill Animal Ambassadors gave a presentation for Mount Vernon and Valley Terrace tenants. Animal ambassadors Ollie the skunk, Bob the box turtle and Shelly the spotted turtle were on hand for families to enjoy! Families got to meet and learn about the animals and also make a craft. Is there a free/inexpensive group or activity you would like to see brought to Mount Vernon? Your Supportive Service Coordinator, Lydia, welcomes suggestions.



Reminders & News

Dogs



We have a variety of dogs living at Mount Vernon. Some are pets, some are support animals and some are working dogs. **Please do not approach or try to touch other people's dogs unless you have prior permission from the owner.** This is both a courtesy and a safety issue.

Interested in getting your own dog? Please note that dogs (and other animals) are not permitted without first obtaining permission from your property manager. There may be size/age restrictions and pet deposits/vaccination papers/and monthly fees. Pet sitting in Mount Vernon apartments is not permitted.

Trash Reminder



Please ensure trash is put *in the dumpster* and not beside it. **Waste Management will not remove electronics, furniture and bulky items such as mattresses and box springs.** For info on how to dispose of these items visit <http://www.washtwp-franklin.org/transfer-station/> or call



Please ensure that you are cleaning up after your pet so that we can keep Valley Terrace clean. Thank you!



Trees

We have had some episodes of damaged limbs. Please make sure that those in your household do not climb trees, pick bark off of trees or break limbs. We do not want to have to bill for replacement of trees.



MAINTENANCE CHALLENGES

As most of you know, our region is struggling through staffing issues. Luminest shares that struggle. We've continued to work short-staffed in our maintenance department. We've hired people who then left for higher wages, several even before they were fully trained; others had to be let go for various reasons. We continue to struggle with this challenge. Often that leaves us with one trained person trying to do the job of two and sometimes three people.

We apologize for the inconveniences this may cause and appreciate those of you who show understanding and patience. We work according to the priorities we have established. Unfortunately, that means that sometimes we don't get to things like mowing or trimming or less critical items as quickly as we would like (and as quickly as many of you were used to before Covid). We remain in the hiring and training process with the hope of finding long-term success soon.

Please continue to call in your work orders so they are documented and remain in queue. And feel free to call us if you haven't heard anything for 3 weeks or more. Our great team is doing their best and will continue to address things that are brought to our attention.



Luminest Welcome New Assistant Property Manager

Please join us in welcoming Angela Smith to the Property Management Team! Angela has joined the team as our new Assistant Property Manager, please join us in welcoming her as you see her out & about at the properties!

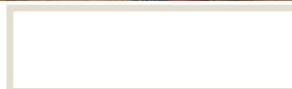


Citrus Grove coming to Shippensburg PA

Progress continues on Citrus Grove in Shippensburg PA with will be a senior living community (62+). Interested in an application for yourself or someone else? Contact Lydia and she will add you a list to receive one once we begin accepting applications.



**CITRUS GROVE SENIOR LIVING
PROJECT UPDATE**



Resources & Local Events

Looking for Summer Activities?

If you are looking for summer activities check out what these local organizations offer.

- The Alexander Hamiltity Memorial Free Library offers a variety of free and low cost programming and events for both adults and children. Visit <https://www.ahmfl.org/> for a calendar of programming. They even offer movies
- Visit <https://natureandcultureinstitute.org/> for programs like children story walks, summer stories, camps, and bird walks
- Renfrew offers a summer concert series, yoga and presentations <https://www.renfrewmuseum.org/>
- Mainstreet Waynesboro Inc. hosts events such as Food Truck Fridays, a Summer Concert Series, Market Days, Wizarding Weekend, food strolls, etc. <https://www.mainstreetwaynesboro.org/>
- The Waynesboro YMCA offers some interesting classes such as sound bathing, Zumba, yoga, pickle ball courts, Y Cook Wednesdays, and swimming classes. Financial need based scholarship programs are available. Visit <https://www.waynesboroymca.org/> for more info
- Rotary Park is located within a short walk from Mount Vernon. It also has playground equipment and pavilions. hNeed a larger space to play ball or ride bikes? [ttps://waynesboropa.org/parks/rotary-park/](https://waynesboropa.org/parks/rotary-park/)
- The Waynesboro Theater offers movie tickets for children for \$5 and adults for \$6. Visit <https://www.waynesborotheatre.org/home>
- Follow WASD Be The Village on Facebook for local children activities



Maintenance calls—

When calling in a work order, please speak clearly/slowly and provide: name, address (development name), and issue. Maintenance will usually only return your call if it is an emergency work order call made after hours—however, if your phone blocks unknown calls they will not be able to reach you if they have questions. Please remove this feature after calling in your workorder particularly if it is after hours. Please be aware that usually maintenance does not return calls for work orders that are non-emergency nor for emergency calls during regular hours unless they need more information. They do return calls for emergency after hour work orders.

Examples of emergencies are (but not limited to):

Plumbing leaks which could flood the unit or cause damage; Electrical hazards; No heat; Clogged toilet or clogged tub, if on a weekend and have no second tub and/or toilet; and completely clogged kitchen sink.

Dates to Remember

07/05 Senior Market Voucher Enrollment

07/25 Fresh Express

07/27 Produce Box Pick Up

07/31 Church Meal Pickup

08/16 Digestive Health Presentation

09/07 Block Party

July Mount Vernon Staff Schedules

Management : Mon-Thurs 9am-3:30 pm, Friday 9am-2:00 pm

Lydia (Supportive Services) : Tuesdays & Thursdays 9am-4:30pm

Contact Information:

Call 717-977-3900

Patty Phillips (Management) Ext 109 or email at pphilips@luminest.org

Lydia Frech (Supportive Services) Ext 110 or email at lfrech@luminest.org



When mailing payments please use our office address:

Luminest

82 W. Queen Street

Chambersburg, PA 17201

717-977-3900

www.luminest.org

**Please make sure that checks and money orders are made out to the property
where you reside (Mount Vernon)**