

MOUNT VERNON



Spring 2023

Annual Mount Vernon Easter Egg Hunt

When: Saturday, April 1st at 1pm

Where: Mount Vernon Playground Area

Who: Mount Vernon and Valley Terrace children 12 & under

RSVP by next Friday, March 24th by email lfrech@luminest.org or phone 717-977-3900 x110. Please leave the names and ages of children who will be participating when you rsvp. All children must be accompanied by an adult/older sibling.



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Mount Vernon Events



Fresh Express

Fresh Express is a food program that is offered through Central PA Food Bank. This is an in person food selection event held at the Valley Terrace Community Center on usually the last Tuesday of the month. Residents bring bags and make food selections from items provided by the Central PA Foodbank. Usually there is a protein, milk, eggs, fresh produce and dry goods. If Fresh Express changes to a different day other than the last Tuesday of the month we will notify you via flyer. The time for Mount Vernon Terrace residents is 11:30. If you wish to start attending Fresh Express and have not enrolled/ renewed enrollment in the past year contact Lydia to enroll.

Senior boxes (CSFP & Eldershare) with additional shelf-stable items are also available for those who meet eligibility income levels are age 60+. You must enroll ahead of time for these programs and commit to picking up your box every month. If interested schedule a time with Lydia to enroll.





<u>Mark Your Calendars– Strawberry Hill Animal</u> <u>Ambassadors Coming to Mount Vernon Terrace</u>

We are excited to share that the Strawberry Hill Animal Ambassadors will be visiting Mount Vernon Terrrace on June 24th. The animals visiting will include an American Toad, a box turtle, a spotted turtle, a de-scented skunk, and a barred owl.

The program focuses on local, native wildlife especially animals that families aren't likely to see in person or up close. They will discuss the local ecosystem and how each animal plays a part.

RSVPs will be taken once a time is set closer to the date.





Presentation on Arthritis By Martha Swope

Franklin/Fulton counties mobile psychiatric nurse, Martha Swope, will return to present on arthritis on Wednesday, April 19th at 1pm to the Wayne Gardens Community Room. The community room is located in the Wayne Gardens building that is furthest from Mount Vernon (900 Wayne Gardens). Residents of Mount Vernon are welcome to attend. If you contact Lydia ahead of time she will make sure to be on the lookout for you to let you into the Wayne Gardens Community room since Wayne Gardens is a secure building.

Free Meals Brought To You by Restoration Church and Be The Village

Restoration Church of Waynesboro delivers homemade free meals on usually the last Monday of the month to the Wayne Gardens Community Room from 5:20-5:45 for either pickup or to eat at a table in the Wayne Gardens Community Room. Please RSVP by the Thursday before the meal using the sign up sheet if you would like a meal to ensure there are enough. You also have the option of being added to a list to receive a meal every month. If you do that just let Lydia know and then you do not need to RSVP each month.



Reminders

Mount Vernon Parking



Everyone has a designated parking spot at Mount Vernon. Visitors can use street parking but the Mount Vernon parking is assigned.

There is a 10 minute parking zone at Mount Vernon. This is for only the 10 minutes it takes to drop someone

off or pick someone up. It is not for parking overflow or overnight parking.

Wayne Gardens parking is for Wayne Gardens residents only with the exception of if you are briefly parked in front of the Mount Vernon storage units to unload or load something.



Luminest Offices will be closed Friday, April 7th and Monday, May 29th



Trash Dumpster Locations

The accessible apartments with ramps at Mount Vernon have their own dumpsters. These are for those apartments only. The dumpsters for other Mount Vernon residents are located in the parking lot near the Mount Vernon offices.

Please do not use the dumpster at Valley Terrace. That dumpster is the only dumpster those residents have.

Please ensure trash is put *in the dumpster* and not beside it. Waste Management will not remove electronics, furniture and bulky items such as mattresses and box springs. For info on how to dispose of these items visit http://www.washtwp-franklin.org/transfer-station/ or call



(717) 762-4413



Please ensure that you are cleaning up after your pet so that we can keep Mount Vernon clean. Thank you!



Warm Weather Reminders

Warmer weather is coming. Here are some reminders so that everyone can enjoy the outdoor areas:

- Mount Vernon has outside grills for resident enjoyment. If using a grill please ensure that you leave it as you found it and dispose of grill materials safely. Used charcoal should be allowed to cool and then doused in water and wrapped in foil to prevent fires.
- Looking for a larger outdoor area than the Mount Vernon playground/basketball court? Rotary Park is conveniently located within a 5 minute walk from Mount Vernon Terrace. For the safety of everyone please do not use the Mount Vernon parking lots for recreation such as bike riding.
- We ask that you help to keep outside areas (sidewalks/lawns) clean and clear for your use and for the use of other residents and guests. Do not leave toys, bicycles, or other possessions on the sidewalks, grassy areas, and parking lots.
- The use of alcohol or open alcohol containers in any common area of this property or on these grounds is prohibited.
- Sound carries, especially through open windows. While enjoying outside areas please ensure that everyone is using appropriate language and be mindful of outside noise after quiet hours. The playground/basketball court closes at dusk.







Resources & Local Events

Free Outdoor Yoga at Renfrew

Renfrew is offering free yoga June-August on Friday mornings from 9am-10am at The Museum House Backyard at Renfrew with certified instructors. Weather dependent. No reservation required. Bring your own mat.

Waiver is required at your first visit of the new season in order to participate. Please see instructor upon arrival. Program will be held on the lawn behind the Museum House. Yoga Flow is a weather-dependent program. Rain location is the Wagon Shed Room in the Visitors Center unless already reserved/in use. Children are welcome to attend in the company and under supervision of a responsible adult.

Parking is available in either the Visitors Center Lot, located off of Main Street/ Buchanan Trail/PA-16, or in the Lower Lot off of Welty Road. Restrooms are located at the Visitors Center, a short walk from the Museum House Backyard.

WASD Be The Village Events

Follow WASD Be The Village on Facebook for more free/low cost family activities like the book/movie combos listed below!





Spring Events by The Institute of Waynesboro

Visit https://natureandcultureinstitute.org/ for events and programming by The Institute including the below events:

Saturday, April 8 • 11 a.m. to 2 p.m.

Free kite flying (all ages) with expert flying help from our Kite Masters—brothers Sam and George Adams—in the field adjacent to Hooverville Elementary School in Waynesboro. Bring your own kite. Build a Kite workshop is scheduled from 11:00 a.m. to 12:30 p.m., all welcome; \$1 materials donation.

Saturday, April 22 • 11 a.m. to 3 p.m.

The Institute celebrates spring with environmental exhibits, music, student clothesline display, and food stand. Free admission. Event will take place outdoors at Pine Hill Recreation Area near Waynesboro, Pa.

Please come prepared for an outdoor day, (light) rain or shine. Subject to cancellation in the event of heavy rain.

Sunday, May 21, 2023 • 1 to 5:30 p.m. at Pine Hill Recreation Area

This fun event is an opportunity for families to enjoy being outdoors together. The day features giveaways, activities, exhibits and demonstrations from local organizations that are family and youth-centric. Each year a special guest performer entertains the crowd—highlighting music, theater, puppetry, magic or stunts—always exciting and fun!

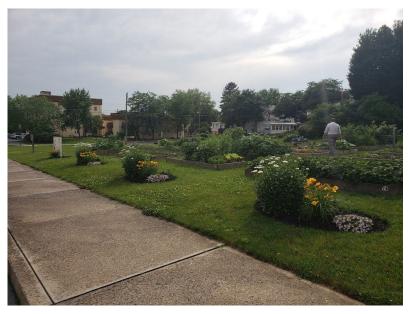
Admission is FREE! [Rain site Waynesboro Area Middle School]

Check back for details on The Institute's 2023 Event Page.



Waynesboro Community Garden

Did you know that Waynesboro has a community garden? Garden plots will be available this year. Visit https://franklinstreetgarden.com/get-involved/ to apply for a garden bed and learn more. Garden plots will be assigned soon.



Waynesboro Library Programming for Kids and Adults

The Alexander Hamilton Memorial Library in Waynesboro offers a variety of activities and clubs. From paint & sip classes to LEGO club to teen laser tag to senior hooks & needles to movies and author visits there is something for everyone! Visit ahmfl.org and the programming tab to learn more and to view a calendar of upcoming events!





Rental Assistance Referrals

If you are struggling financially and unable to pay your rent you can call the Franklin County Community Connections Access Center at 717-261-3893 Monday through Friday 9:00 AM to 4:00 PM. They can do an initial assessment to see what programs you may qualify for and send out referrals to the agencies with those programs.

Covid Test Kits Free to Order

Ordering opened up again this winter for additional covid test kits free from the government. Visit https://www.covid.gov/tests to order.





Disposable Bed Mats

A resident has multiple packages of disposable peep pad mats for kids that she does not need.

If you are interested these let Lydia know and she can coordinate a drop off/pick up time.

New Waynesboro Grief Share Group

Looking for Christian based grief support? Calvary Assembly of God in Waynesboro has started a grief share group. They encourage you to join at any time. Sessions are self-contained.



Meeting Time & Dates

Sundays @ 3:00 PM- 4:30 PM March 5 – June 11 (No meeting Easter or Mother's Day)

Meeting Location:

Calvary Assembly of God 116 Snider Ave., Waynesboro, PA 17268

To register call 717-762-5432, visit griefshare.org/groups/163828 or

you may register in person at the first class.

Cost is \$20. Scholarships available.

Payment can be made at the first meeting.

Use front entrance.

As always, please note that Luminest does not endorse any of the non-Luminest events or organizations featured in the newsletter



Maintenance calls-

When calling in a work order, please speak clearly/slowly and provide: name, address (development name), and issue. Maintenance will usually only return your call if it is an emergency work order call made after hours—however, if your phone blocks unknown calls they will not be able to reach you if they have questions. Please remove this feature after calling in your workorder particularly if it is after hours. Please be aware that usually maintenance does not return calls for work orders that are nonemergency nor for emergency calls during regular hours unless they need more information. They do return calls for emergency after hour work orders.

Examples of emergencies are (but not limited to):

Plumbing leaks which could flood the unit or cause damage; Electrical hazards; No heat; Clogged toilet or clogged tub, if on a weekend and have no second tub and/or toilet; and completely clogged kitchen sink.

Dates to Remember 03/27 Church Meal Pickup 03/28 Fresh Express 04/01 Egg Hunt 04/19 Arthritis Presentation 06/24 Strawberry Hill Animal Ambassadors visit

April Mount Vernon Staff Schedules

Patty Phillips (Management)- Mount Vernon: Monday, Wednesday, Thursday, Friday: 9am-3pm

Lydia (Supportive Services) – Mount Vernon: Tuesdays & Thursdays 9-4, ext:110.



Contact Information:

Call 717-977-3900

Patty Phillips (Management) Ext 109 or email at pphillips@luminest.org

Lydia Frech (Supportive Services) Ext 110 or email at lfrech@luminest.org

When mailing payments please use our office address:

<u>Luminest</u>

82 W. Queen Street Chambersburg, PA 17201 717-977-3900

www.luminest.org