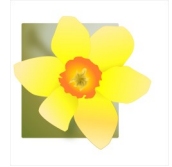


VALLEY TERRACE



Spring 2022

New Wellspan Community Health Worker

Ashley Corradino is our new Wellspan Community Health Worker. Ashley can help with medical related needs by doing things like: connecting you to medical resources, communicating with your doctor and insurance, helping to schedule appointments, assisting with paperwork and clarifying doctor's directions for care. Please note, Ashley does not have a medical background so she can not give you medical advice on her own but she can communicate with your medical team at your request. Ashley can assist regardless if you are a Wellspan patient or not so please don't hesitate to reach out to her.

Ashley Corradino: Office located at Valley Terrace Community Center

Hours: Mondays 8am-12pm at (717) 977-3900 ext 124

Can also be reached by phone at other location Wednesdays-Fridays at

(717) 264-0081

Email: acorradino@wellspan.org

What's Inside

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Resident Reminders

Please remember to clean up after your pets

Smoking/vaping is prohibited in apartment and must be 25 feet or further from the building

We ask that residents do not play ball between buildings. This is prohibited in the community handbook.

Let's keep Valley Terrace looking beautiful this summer. Please keep front porches clear of clutter



Upcoming Closures/Holidays

All Luminest offices will be closed on May 30th June 20th and July 4th in honor of Memorial Day, Juneteenth & Independence Day. Management will be out June 8th-10th to attend a housing conference.

What Is a Maintenance Emergency?



Ever wonder if your maintenance need is an emergency or not? Here is a list of possible maintenance emergencies to help when you call in your work order. Maintenance may be contacted after hours for the following emergencies:

Possible Maintenance Emergencies

- .Locked out of your unit**
- .Broken Locks which affect the security of the unit**
- .Broken window glass which affects the security of the unit and during inclement weather**
- .Plumbing/sprinkler leaks which could flood the unit or cause damage to the unit**
 - .Backed up sewage**
 - .Electrical hazards**
 - .No heat**
 - .Smoke detector not functioning**
 - .Clogged toilet or tub-if on a weekend**
 - .Completely clogged kitchen sink**
 - .Refrigerator/Freezer not working**
- .Stove or oven not working and tenant plans to use it before the office opens**

Valley Terrace Events



Fresh Express

Fresh Express is a food program that is offered through Central PA Food Bank in Harrisburg. This is an in person food selection event held at the Valley Terrace Community Center on usually the last Tuesday of the month. Residents bring bags and make food selections from items provided by the Central PA Foodbank. Usually there is a protein, milk, eggs, cheese, fresh produce and dry goods. Valley Terrace residents may come at 12:pm. May Fresh Express is Tuesday the 31st and June Fresh Express is Tuesday the 28th. If you have not enrolled/come to Fresh Express in the past year and would like to begin attending contact Lydia to enroll at extension 112 or 113.

Senior boxes (CSFP & Eldershare) with additional shelf-stable items are also available for those who meet eligibility income levels (\$18,210 and below for 1 person, \$24,690 for 2 person household) and are age 60+. You must enroll ahead of time for these programs and commit to picking up your box every month. If interested schedule a time with Lydia to enroll.

Sunday Sundae Bar

Stop by the Valley Terrace Community room on **Sunday, June 26th from 3:30-4pm** to make your own sundae! We'll have an ice cream sundae bar set up with toppings.. Make and take your ice cream sundae to go or hang out and eat it there!

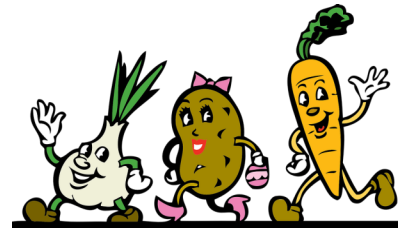


Free Meals Brought To You by Restoration Church and Be The Village

Restoration Church of Waynesboro continues to deliver homemade free meals on the last Monday of the month from 5:20-5:45 for pickup at the Valley Terrace Community Center. (May meals were scheduled for May 23rd due to Memorial Day). June meals will return to the last Monday of the month (June 27th). The location for distribution of June meals may change-if so Lydia will hand out a flyer. Please RSVP ahead of time with Lydia if you would like a meal to ensure there are enough. You also have the option of being added to a list to receive a meal every month. If you do that you do not need to RSVP each month.



Senior Fruit & Veggie
Farmers Market Voucher
Enrollment



The Franklin County Office Area Agency on Aging will be at the Valley Terrace Community Center Tuesday, June 7th at 1:30 pm to enroll residents in the Senior Farmer Market voucher program and distribute Fruit and Veggie Vouchers. To be eligible you must be 60 years old or older (or will turn 60 by December 31, 2022) and have an income that meets or is below the following guidelines:

\$25,142 for 1 person in the household; or \$33,874 for 2 people in the household.

If interested in attending email Lydia at lfrech@luminest.org or call and leave a message at extension 110. Please bring an ID with you as well as they may request to see it.

The Senior Fruit and Veggie Farmers Market vouchers are four \$6 checks accepted by specific produce markets in the area for produce or herbs grown in PA (a list of retailers and produce will be provided).

If you prefer to enroll by mail Lydia can provide you with a paper form.



Annual Yards In Bloom Contest

It's time for our annual Yards In Bloom Contest! A winning garden will be chosen for the months of June, July and August! Front yard gardens will be judged on presentation. Last year the judges were Wayne Gardens residents! A winner will be picked at the end of the month and receive a prize at the beginning of the following month. Happy gardening!



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Presentation on Foods for Digestive Health By Martha Swope

Franklin/Fulton counties mobile psychiatric nurse, Martha Swope, will return on **Wednesday, June 8th at 1pm to the Wayne Gardens Community Room** to discuss digestive health and foods that support it. You are welcome to attend. If you have questions about where the Wayne Gardens Community room is located contact Lydia.



Egg Hunt Event Recap



Thanks to the families who braved the weather and joined the Mount Vernon /Valley Terrace Egg Hunt! We had a snack and everyone took home plenty of candy eggs, an activity book, craft and goodie bag with either kinetic sand or putty!

Missed this egg hunt? Be on the lookout next April. This event was so much fun we plan to do it again next year!



Resources & Info

Covid Test Kits/Masks Still Available

Valley Terrace still have plenty of free test kits and some N95 masks. If you would like either or both contact Lydia.



Covid 2nd Booster Update

The CDC expanded criteria for those who may be at risk for severe outcome from covid to receive a fourth booster. Those over 50 and those who are immune compromised are now eligible for a 4th vaccine shot or second booster if it has been 4 months since their previous booster.

Luminest does not have plans to have Keystone out to administer the booster anytime in the near future but currently booster shots are easily available locally. If you have questions about if you should receive a 4th booster contact your doctor. If you need help locating a booster contact our Wellspan Health worker, Ashley Corradino at ext 124

PA Rent Rebate

The Pennsylvania state rebate program benefits eligible Pennsylvanians age 65 and older; widows and widowers age 50 and older; and people with disabilities age 18 and older. The income limit is \$35,000 a year for homeowners and \$15,000 annually for renters, and half of Social Security income is excluded. Spouses, personal representatives or estates may also file rebate claims on behalf of claimants who lived at least one day in 2021 and meet all other eligibility criteria.

The deadline for the Pennsylvania Rent Rebate program is June 30th! Rent rebates have a component the renter fills out and a certification of paid rent that management fills out. **Renters can receive up to \$650 back in form of a rebate.** Need an application or help applying? Contact Lydia for more info.

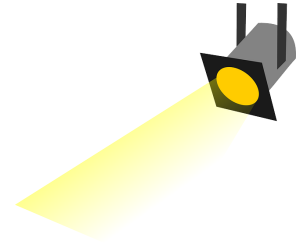
Affordable Connectivity Program

The Affordable Connectivity Program (ACP) is a Federal Communications Commission (FCC) Program that provides a discount on monthly broadband bills for qualifying low-income households. Eligible households can receive:

- ♦ Up to \$30/month discount for broadband service and associated equipment rentals
- ♦ A one-time discount for \$100 for a laptop, desktop, or tablet purchased through a participating provider.

There are income/eligibility requirements. If interested in more details on eligibility and how to apply contact Lydia.

Resource Spotlight



Women In Need

Women In Need provides help and safety options to women, men, and children who are victims of domestic and sexual violence in Franklin and Fulton Counties of Pennsylvania. Domestic Violence is a term that covers violence within the home and between family members, including Intimate Partner Violence, Teen Dating Violence, and Child Abuse. Violence can be emotional, physical, sexual, financial or technological.

Any person who has been the victim of or has been affected by violence is eligible for services, regardless of when the trauma occurred in their lives.

Services include:

- **24 Hour Crisis Hotline** –provides info, safety options and services

717-264-4444 or 800-621-6660

- Support Groups
- Emergency Housing
- Legal Advocacy
- Counseling
- Victim Witness
- Community Education





Maintenance calls–

When calling in a work order, please speak clearly/slowly and provide: name, address (development name), and issue. Maintenance will usually only return your call if it is an emergency work order call made after hours—however, if your phone blocks unknown calls they will not be able to reach you if they have questions. Please remove this feature after calling in your workorder particularly if it is after hours. Please be aware that usually maintenance does not return calls for work orders that are non-emergency nor for emergency calls during regular hours unless they need more information

Dates to Remember

5/23-Restoration Church Meals

5/31 Fresh Express

06/07 Agency On Aging Senior Market Voucher Distribution

06/08 Digestive Health Presentation

06/26 Sunday Sundaes at Valley Terrace

06/27 Restoration Church Meals

06/28 Fresh Express

Staff Schedules/Contact Info

Call 717-977-3900

Kathy Kalina (Management)- - Extension 111 on Mondays & Thursdays from 9am-3:30 pm and Fridays 9-12:30. kkalina@luminest.org

Lydia (Supportive Services) – At extension 113 on Fridays (8:30-1pm) and extension 112 on Tuesdays and Thursdays (8:30-4:30) lfrech@luminest.org



When mailing payments please use our office address:

Luminest

82 W. Queen Street

Chambersburg, PA 17201

717-977-3900

www.luminest.org