



**luminest**  
community development



# VALLEY TERRACE

Winter 2023



## Valley Terrace Welcomes New Staff

Most of you have met the new property manager for Valley Terrace, Susie. Susie brings years of property management experience.

Luminest is in the process of hiring maintenance staff. We regretfully said goodbye to Greg last month but wish him all the best in his new field. Steve, who usually works at Mount Vernon Terrace will be covering Valley Terrace and Wayne Gardens court in addition to Mount Vernon until we have trained new staff for Valley Terrace.

### What's Inside

VT Events

News/Reminders

Community Resources

Dates to Remember & Contact Info



# Valley Terrace Events



## Fresh Express

Fresh Express is a food program that is offered through Central PA Food Bank. This is an in person food selection event held at the Valley Terrace Community Center on usually the last Tuesday of the month. Residents bring bags and make food selections from items provided by the Central PA Foodbank. Usually there is a protein, milk, eggs, cheese, fresh produce and dry goods. Valley Terrace residents may come at 11:00 am. February Fresh Express is Tuesday the 28th. Fresh Expresses will continue to be on the last Tuesday of the month at 11am unless you receive a flyer stating otherwise. If you have not received Fresh Express in a year and would like to be enrolled contact Lydia.

Senior boxes (CSFP & Eldershare) with additional shelf-stable items are also available for those who meet eligibility income levels (\$18,210 and below for 1 person, \$24,690 for 2 person household) and are age 60+. You must enroll ahead of time for these programs and commit to picking up your box every month. If interested schedule a time with Lydia to enroll.

## **Free Meals Brought To You by Restoration Church and Be The Village**

Restoration Church of Waynesboro delivers homemade free meals on usually the last Monday of the month to the Wayne Gardens Community Room from 5:20-5:45 for either pickup or to eat at a table in the Wayne Gardens Community Room. Valley Terrace residents are welcome to attend. Please RSVP by the Thursday before the meal using the sign up sheet if you would like a meal to ensure there are enough. You also have the option of being added to a list to receive a meal every month.



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## **Presentation on Diabetes By Martha Swope**

Franklin/Fulton counties mobile psychiatric nurse, Martha Swope, will return on **Wednesday, February 15th at 1pm to the Wayne Gardens Community Room. The community room is located in the Wayne Gardens building that is furthest from Mount Vernon (900 Wayne Gardens)** to present on diabetes. Residents of Valley Terrace are welcome to attend. If you contact Lydia ahead of time she will make be on the look-out for you to let you into the Wayne Gardens Community room since Wayne Gardens is a secure building.



## Appointments for Rent Rebate Assistance

### Need help completing your forms?

Ashley, the WellSpan Community Health Worker, will be on site February 22<sup>nd</sup> to assist you.

You must sign up for an appointment time by calling Lydia at 717-977-3900 ext 113. Please sign up by Friday February 17th.

Please bring **proof of income** and **landlord rent certificate** form completed by Susie (management). If you need a rent certificate to give to Susie to complete please contact Lydia after January 19th when they become available. If you lost your spouse last year and are applying as a widower please bring the death certificate. Bring you checking/routing account number if you would like direct deposit.

Ashley will be meeting people at the Valley Terrace community center (where we have Fresh Express). See page 09 of this newsletter if you would like to learn more about what a Rent Rebate is.



## **Horizon Planning Session at Wayne Gardens**

**Wed February 22<sup>nd</sup> at 10am**

### **What Is Horizon Planning?**

Horizon Planning® is not just about old age. At any age, a medical crisis could leave you too ill to make your own health care decisions. Even if you are not sick now, developing an advanced care plan and making health care plans for the future are important steps toward making sure you get the medical care you would want, even when doctors and family members are making the decisions for you.

It is important to have a conversation now, regardless of age, about your wishes with your loved ones and your primary care provider. This should be a two-

Come to the Wayne Garden's community room for a brief introduction to Horizon Planning (also known as 5 wishes). Horizon Planning is making health care plans for the future to ensure that YOU get the medical care that YOU want, even when doctors and family members are making the decisions for you.

Individual appointments can be made after this session to explain, review and discuss your final wishes more in depth.

**Please sign up by Fri Feb 17<sup>th</sup> with Lydia by calling ext 113 if you plan to attend. Wayne Gardens is across the street from Valley Terrace. Lydia can explain where it is if you need directions.**

## Resident Reminders

### Pet Cleanup



Let's keep our community clean. Please clean up after your pet and keep yards free of pet waste.

### Trash



Electronics such as computers & televisions, chemicals and bulky items including **mattresses/box springs** and furniture cannot be disposed of in or beside the dumpsters and will not be taken by the collectors. Trash/recycling like cardboard sitting beside the dumpsters is also not removed by waste management. Residents are responsible for arranging for items to be hauled away and disposed of properly. There is a refuse center at 12721 Buchanan Trail East that most of these items can be taken to. The phone number is (717) 762-4413 or visit [www.washtwp-franklin.org](http://www.washtwp-franklin.org) for item rates and schedule.

## Resources & Info

### Community Health Worker Available BY Appointment

Ashley Corradino, our Wellspan Community Health Worker, has gone remote. Ashley can still come meet with you by appointment help with medical related needs by doing things like: connecting you to medical resources, communicating with your doctor and insurance, helping to schedule appointments, assisting with paperwork and clarifying doctor's directions for care. Please note, Ashley does not have a medical background so she can not give you medical advice on her own but she can communicate with your medical team at your request. Ashley can assist regardless if you are a WellSpan patient or not so please don't hesitate to reach out to her.

**Ashley can be reached by phone on Wednesdays-Fridays at**

**(717) 264-0081**

**Email: [acorradino@wellspan.org](mailto:acorradino@wellspan.org)**



## **Heating Assistance (LIHEAP) Still Open**

LIHEAP is a federally funded program administered by DHS that provides assistance for home heating bills, so low-income Pennsylvanians can stay warm and safe during the winter months. The LIHEAP application period has been extended for this season, and is open from today through May 6, 2022. Families will see an increase in the minimum LIHEAP cash grant from \$200 to a minimum grant of \$500, and an increase in the maximum cash grant from \$1,000 to a maximum of \$1,500.

LIHEAP is distributed directly to a household's utility company or home heating fuel provider in the form of a grant, so the individual or households do not have to repay assistance.

Maximum income levels to qualify are 19,320 for 1 person household, 26,130 for 2 people, 32,940 for 3, 39,750 for 4. For every additional person, add \$6,810

There are two ways to apply for LIHEAP:

**Online:** Apply for benefits online using COMPASS, the online tool for Pennsylvanians to apply for health and human service programs and manage benefit information.

**On paper:** You can download a paper application, print it, fill it out, and return it to your local county assistance office which for Franklin County is:

Franklin County Assistance Office

620 Norland Avenue

Chambersburg, PA 17201

You SSC Lydia can provide you with an application and help you apply. Call her at 717-977-3900 ext 113 to schedule an appointment



## What is a PA Rent Rebate?

Rent rebates are a reimbursement up to \$650 issue by the government for the previous year. Claims for 2022 opened on January 19th. Lydia can provide you an application upon request. They are also sometimes available in senior centers and banks and often mailed to you if you sent one in last year.

There is a portion of the application that the renter fills out and a portion that the landlord (Patty) will complete. Eligibility Requirements are below

### Income

- .Income is 15,000 or below. Please note: **Only half of Social Security, SSI & Railroad Retirement is included as income.** *For example, if your income consists of 30,000 from social security only half would count (15,000) and you would still meet income eligibility.* In addition to income you must meet another requirement listed below.

### PLUS One or More of the Following

- .Were 65 or older as of Dec. 31st 2022
- .You were a widow or widower during all or part of the claim year and must have been 50 years or older as of Dec. 31
- .You were permanently disabled during all or part of the claim year, 18 years or older during the claim year and were unable to work because of a medically determined physical or mental disability



## **Rental Assistance Referrals**

If you are struggling financially and unable to pay your rent you can call the Franklin County Community Connections Access Center at 717-261-3893 Monday through Friday 9:00 AM to 4:00 PM. They can do an initial assessment to see what programs you may qualify for and send out referrals to the agencies with those programs.

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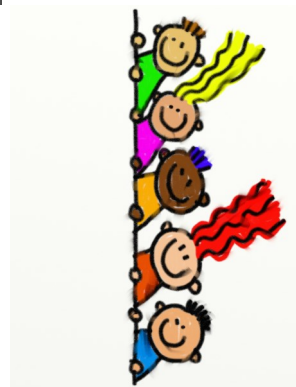
## **Medicaid/Medicare Insurance**

Would you be interested in a presentation at Mount Vernon on medicaid/ medicare to find out about different plans? If so your supportive service coordinator, Lydia, can try to schedule a presentation for residents with an independent sales agent. If you are interested contact Lydia at extension 113 by the end of February or email her at [lfrech@luminest.org](mailto:lfrech@luminest.org) and let her know.

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## **Waynesboro Library Programming for Kids and Adults**

The Alexander Hamilton Memorial Library in Waynesboro offers a variety of activities and clubs. From paint & sip classes to LEGO club to teen laser tag to senior hooks & needles to movies and author visits there is something for everyone! Visit [ahmfl.org](http://ahmfl.org) and the programming tab to learn more and to view a calendar of upcoming events!



## 988– New Suicide & Crisis Line

Starting July 23rd people may simply dial 988 to immediately connect with mental or behavioral health services for themselves or a loved one experiencing a mental health crisis.

People who call, text, or chat with 988 will be directly connected to the National Suicide Prevention Lifeline. The existing Lifeline phone number (1-800-273-8255) will remain available. Callers can also connect with the Veterans Crisis Line or assistance in Spanish.



## WASD Be The Village

Follow WASD Be The Village on Facebook for the latest news on events and programming designed for Waynesboro families of school age children. They frequently host downtown story walks with free books and activities, sponsor affordable Waynesboro movies and stock stands around town with free activity materials and games. They also host parent cafes.

For the month of February can also find good info on upcoming preschool and kindergarten registration events.



## Child & Earned Income Tax Credits



**Did You Work in 2022? Boost You may be eligible for the Earned Income Tax Credit & Child Tax Credit!**

Did you know that at tax time, you may be eligible for tax credits that can give you money back and boost your income? The federal Earned Income Tax Credit (EITC) is available for individuals and families whose income meets eligibility. Individuals aged 25-64 who worked in 2022 could get up to \$560 from the IRS. Working families with children could get as much as \$6,935. Eligible filers could make up to \$22,610 without kids or \$59,187 with kids in 2022 and qualify for the EITC. You, your spouse, and any child you claim must have a valid Social Security number (SSN) to receive the EITC. If you are claiming a child for the EITC, you will need to submit "Schedule EIC"

The Child Tax Credit (CTC) is available for families that worked in 2022 and earned more than \$2,500. The CTC offers up to \$2,000 per qualified child. Children must be 16 years old or younger and have an SSN to be claimed for the CTC. You and your spouse must have an SSN or Individual Taxpayer Identification Number (ITIN).

**These tax credits are not a loan. File your federal taxes by April 18, 2023, to receive this income boost!**

Because of the pandemic, the EITC and CTC were expanded and made available to more families. That expansion has since ended, BUT here's the good news – **if you were eligible for the 2021 expanded EITC, the 2021 expanded CTC, or any of the three rounds of stimulus checks and didn't claim them, it's not too late!** You can file prior year taxes up to 3 years past the original due date – for 2021, this would be April 18, 2025. Visit <http://www.irs.gov/eitc> to learn more.

Call 211 or contact your supportive service coordinator Lydia for info on locations that provide free tax help for seniors or low income filers from an IRS-certified volunteer.



### **Maintenance calls–**

When calling in a work order, please speak clearly/slowly and provide: name, address (development name), and issue. Maintenance will usually only return your call if it is an emergency work order call made after hours—however, if your phone blocks unknown calls they will not be able to reach you if they have questions. Please remove this feature after calling in your workorder particularly if it is after hours. Please be aware that usually maintenance does not return calls for work orders that are non-emergency nor for emergency calls during regular hours unless they need more information

#### **Dates to Remember**

**02/15 Diabetes Presentation**

**02/22 Event Horizon Presentation**

**02/22 WellSpan worker on site to assist with rent rebates**

**02/27 Church Meal Pickup**

**02/28 Fresh Express**

# February Staff Schedules

Susan (Susie) Lenfestey (Management)-Office located in Wayne Gardens.  
Mondays-Wednesdays 9-3 and Fridays 9-2:30

Lydia (Supportive Services) – Fridays at Valley Terrace Community Center,  
8:30-12:30, in Wayne Gardens office Mondays and Wednesdays 8:30-4:30



## Contact Information:

Call 717-977-3900

**Susan Lenfestey** (Management) Ext 111 or email at [slenfestey@luminest.org](mailto:slenfestey@luminest.org)

**Lydia Frech** (Supportive Services) Ext 112 (Tuesdays & Thursdays) Ext 113 Fridays or  
email at [lfrech@luminest.org](mailto:lfrech@luminest.org)

**When mailing payments please use our office address:**

**Luminest**

**82 W. Queen Street**

**Chambersburg, PA 17201**

**717-977-3900**

**[www.luminest.org](http://www.luminest.org)**