



luminest
community development

VALLEY TERRACE



Summer 2022



Free Produce Boxes

Interested in receiving a free weekly produce box? The Gleaning Project/SCCAP is willing to provide Valley Terrace with 10lb boxes of produce when they receive them which will likely be weekly but may vary. Box contents also vary (this week it included apples, potatoes, onions and either broccoli or bagged kale salads). Boxes would likely be available at the **Mount Vernon community room** on Wednesdays of each week for pickup. If due to schedule conflict you can either not make it down to pick up your box before the office closes at 4:30 or do not have transportation to the community room we can arrange an alternative system. **Contact Lydia at extension 112 or email at lfrech@luminest.org as soon as possible if you would like a weekly box.** Lydia will then notify you when she has the boxes and work out an arrangement for you to receive yours. Please note, we do not have a walk-in refrigerator so boxes would require pickup the day they arrive.

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Valley Terrace Events



Fresh Express

Fresh Express is a food program that is offered through Central PA Food Bank in Harrisburg. This is an in person food selection event held at the Valley Terrace Community Center on usually the last Tuesday of the month. Residents bring bags and make food selections from items provided by the Central PA Foodbank. Usually there is a protein, milk, eggs, cheese, fresh produce and dry goods. Valley Terrace residents may come at 11:45 am. July Fresh Express is Tuesday the 26th and August Fresh Express is Tuesday the 30th. **Please note: July is annual reenrollment for Fresh Express-make sure you see Lydia at the sign-in table to sign up to continue participating in Fresh Express. If you want to reenroll but are not able to attend July's Fresh Express please contact Lydia to schedule another time to reenroll.**

Senior boxes (CSFP & Eldershare) with additional shelf-stable items are also available for those who meet eligibility income levels (\$18,210 and below for 1 person, \$24,690 for 2 person household) and are age 60+. You must enroll ahead of time for these programs and commit to picking up your box every month. If interested schedule a time with Lydia to enroll.

Free Meals Brought To You by Restoration Church and Be The Village

Restoration Church of Waynesboro continues to deliver home-made free meals on the last Monday of the month from 5:20-5:45. For July this is Monday the 25th. Please note, the delivery location has changed from the Valley Terrace Community Center to the Wayne Gardens Community Center. You are welcome to continue to take your meals to go or stay and eat in Wayne Gardens Community Center. You also have the option of being added to a list to receive a meal every month. If you do that you do not need to RSVP each month. Please RSVP by the Friday before. July's meal is planned to be cook-out themed.



Presentation on Memory Loss By Martha Swope

Franklin/Fulton counties mobile psychiatric nurse, Martha Swope, will return on **Wednesday, August 17th at 1pm to the Wayne Gardens Community Room** to discuss causes of memory loss. You are welcome to attend. If you have questions about where the Wayne Gardens Community room is located contact Lydia.



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Annual Block Party

Be on the lookout for a flyer soon...Valley Terrace's annual Block Party is coming up in September!



Sunday Sundaes Recap

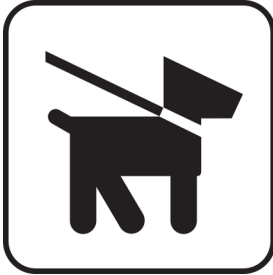


Last month Valley Terrace and Mount Vernon residents beat the heat with some Sunday Sundaes!



Resident Reminders

Pet Cleanup



Let's keep our community clean. Please clean up after your pet and keep yards free of pet waste.

Trash



Electronics such as computers & televisions, chemicals and bulky items including mattresses and furniture cannot be disposed of in or beside the dumpsters and will not be taken by the collectors. Residents are responsible for arranging for items to be hauled away and disposed of properly. There is a refuse center at 12721 Buchanan Trail East that most of these items can be taken to. The phone number is 9717) 762-4413 or visit www.washtwp-franklin.org for item rates and schedule.

Air-conditioner



Air conditioners are **not to be set below 68**. Doing so can cause damage to the unit and freeze up the unit. Residents will be responsible for repairs if a unit breaks due to misuse.

Resources & Info

Community Health Worker

Ashley Corradino is our Wellspan Community Health Worker. Ashley can help with medical related needs by doing things like: connecting you to medical resources, communicating with your doctor and insurance, helping to schedule appointments, assisting with paperwork and clarifying doctor's directions for care. Please note, Ashley does not have a medical background so she can not give you medical advice on her own but she can communicate with your medical team at your request. Ashley can assist regardless if you are a Wellspan patient or not so please don't hesitate to reach out to her.

Ashley Corradino: Office located at Valley Terrace Community Center

Hours: Mondays 8am-12pm at (717) 977-3900 ext 124

**Can also be reached by phone at other location Wednesdays-Fridays
at**

(717) 264-0081

Email: acorradino@wellspan.org

**Calling to make an appointment first is strongly
encouraged.**

Covid Test Kits/Masks Still Available

Lydia still have plenty of free test kits and some N95 masks. If you would like either or both contact Lydia. Test kits expire at the end of this year so don't hesitate to ask for kits. You never know when one might come in handy.



Free Medication Boxes

Lydia (Supportive Services) has free medication lock boxes. The boxes are provided free of charge by Franklin/Fulton Drug and Alcohol.

These boxes are handy for keeping your medications all organized in one location and easy to grab if you need to take with you to a hospital visit or for showing EMT's your medications in case of emergency. Contact Lydia if you would like a box.



PA Rent Rebate Deadline Extended

The deadline to file for the Pennsylvania rent rebates has been extended to December 31st, 2022. You may check on the status of your Property Tax/Rent Rebate Claim form online through myPATH or by calling the automated toll-free number, 1-888-PA TAXES (728-2937)



First Start Partnerships Now Enrolling

First Start Partnerships is now enrolling students for the 2022-2023 school year. They have programs for prenatal up to age 5. Apply online at <https://firststartpartnerships.org/how-to-apply/apply-online/> or call 717-263-8019. There are income limits for eligibility though if you receive SNAP you are now eligible regardless of income.

Waynesboro Community & Humans Services (WCHS)News



School Supplies: Waynesboro Community & Human Services now has open sign-up if your child is in need of school supplies. Visit their Facebook page for the link to sign up for the distribution or call (717) 762-6941



Food Bank Donations Needed— Donations can be made at their office on 123 Walnut Street during hours they are open. For hours visit their Facebook page or website or call 717-762-6941. You can also schedule a drop off by calling. There is a list of the most in-demand food items needed on their Facebook page.

988– New Suicide & Crisis Line

Starting July 23rd people may simply dial 988 to immediately connect with mental or behavioral health services for themselves or a loved one experiencing a mental health crisis.

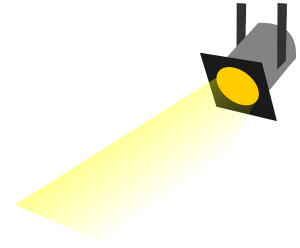
People who call, text, or chat with 988 will be directly connected to the National Suicide Prevention Lifeline. The existing Lifeline phone number (1-800-273-8255) will remain available. Callers can also connect with the Veterans Crisis Line or assistance in Spanish.



WASD Be The Village

Follow WASD Be The Village on Facebook for the latest news on events and programming designed for Waynesboro families of school age children. They frequently host downtown story walks with free books and activities, sponsor affordable Waynesboro movies and stock stands around town with free activity materials and games. They also host parent cafes.

Resource Spotlight



ERAP– Emergency Rental Assistance **Program**

The Consolidated Appropriations Act of 2021 included funding for states to establish emergency rental assistance programs. Pennsylvania received approximately \$569 million to administer assistance to renters, landlords, and utility providers who have been affected by the COVID-19 pandemic and economic insecurity. The program is expected to run until the end of September 2022 or until supplies are depleted.

ERAP funds for renters are used to prevent eviction due to lack of rent payment and to help with past due utility bills. If you are behind on rent and/or utilities and would like to apply for the program either contact Lydia to assist you with the application and submitting it or you can apply by contacting one of the agencies in the area that handles the funds:

Waynesboro Community Human Services at (717) 762-6941

or

SCCAP at 717-263-5060 , sccap.org/relief

There will be portion of the application Kathy (landlord) will need to complete



Maintenance calls–

When calling in a work order, please speak clearly/slowly and provide: name, address (development name), and issue. Maintenance will usually only return your call if it is an emergency work order call made after hours—however, if your phone blocks unknown calls they will not be able to reach you if they have questions. Please remove this feature after calling in your workorder particularly if it is after hours. Please be aware that usually maintenance does not return calls for work orders that are non-emergency nor for emergency calls during regular hours unless they need more information

Dates to Remember

07/25-July Restoration Church Meals

07/26-July Fresh Express

08/17– August Presentation on Memory Loss

08/29– August Restoration Church Meals

08/30-August Fresh Express

Annual Block Party Coming in September!

Staff Schedules

Kathy Kalina (Management)-Office located in Wayne Gardens. Mondays & Thursdays 9-3, Fridays 9-12

Lydia (Supportive Services) – Fridays at Valley Terrace Community Center, 8:30-12:30, in Wayne Gardens office Tuesdays and Thursdays 8:30-4:30



Contact Information:

Call 717-977-3900

Kathy Kalina (Management) Ext 112 or email at kkalina@luminest.org

Lydia Frech (Supportive Services) Ext 112 (Tuesdays & Thursdays) Ext 113 Fridays or email at lfrech@luminest.org

When mailing payments please use our office address:

Luminest

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Chambersburg, PA 17201

717-977-3900

www.luminest.org