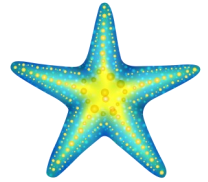




luminest
community development

WAYNE GARDENS



July 2022

Wayne Gardens Picnic

You're invited to a picnic style lunch on **Tuesday, June 19th at 12pm!** You may bring a dish but it is as always not required. Sign up sheets are on corkboards. We will have tables both inside the Wayne Gardens community room and outside if we aren't having a heat wave or thunderstorm! Please sign up if coming by June 15th.



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Wayne Gardens Events



Fresh Express

Fresh Express is a food program that is offered through Central PA Food Bank in Harrisburg. This is an in person food selection event held at the Valley Terrace Community Center on usually the last Tuesday of the month. Residents bring bags and make food selections from items provided by the Central PA Foodbank. Usually there is a protein, eggs, fresh produce and dry goods. July's Fresh Express will be on **Tuesday July 26th. If your address is 900 Wayne Gardens Court you may come arrive between 11am-11:15 am. If your address is 901 Wayne Gardens Court you may arrive between 11:30-11:45. (This is in an effort to prevent crowds in the building)** If you are new to Fresh Express and would like to enroll contact Lydia.

We often have a few leftovers from Fresh Express. These we put in the Wayne Garden's Community room. They are for anyone to take who can use.

Senior boxes (CSFP & Eldershare) with additional shelf-stable items are also available for those who meet eligibility income levels You must enroll ahead of time for these programs and commit to picking up your box every month. If interested schedule a time with Lydia to enroll.

Presentation on Causes of Memory Loss

By Martha Swope

Franklin/Fulton counties mobile psychiatric nurse, Martha Swope, will return on **Wednesday, August 17th at 1pm to the Wayne Gardens Community Room** to discuss memory loss. Sign up sheets are posted on the Wayne Gardens corkboards.



BINGO

BINGO will be held **Thursday, July 14th at 2pm** in the Wayne Gardens Community room. You may bring a prize bag if you like, we will also be playing for gift cards. Snacks will be provided.

Sign up sheets on Wayne Gardens corkboards.

Gardening Club

The next Gardening Club meeting will be held Tuesday July 12th at 3pm. Sign Up sheets are on the corkboards.



Bookmobile Info

Bookmobile Schedules are posted on the Wayne Gardens Cork Boards. The bookmobile stops between the two Wayne Garden buildings the third Monday of the month between 10am-10:30am and does have a lift for those who may need it. Happy Reading!



Happy June Birthdays!



Susan Moon– 07/10

Lois Rosenberry– 07/11

Kathy Kefauver– 07/24



Free Meals Brought To You by Restoration Church and Be The Village

Restoration Church of Waynesboro delivers homemade free meals on the last Monday of the month to the Wayne Gardens Community Room from 5:20-5:45 for either pickup or to eat at a table in the Wayne Gardens Community Room. Please RSVP ahead of time using the sign up sheet if you would like a meal to ensure there are enough. You also have the option of being added to a list to receive a meal every month. If you do that just let Lydia know and then you do not need to RSVP each month. June's meal was spaghetti that was reported to be delicious and next month's meal is planned to be BBQ themed with either hamburgers or hotdogs,



Event Recap: Sundae Bar



Last month many residents cooled off with ice cream sundaes!



The remainder of the ice cream is in the Wayne Garden's freezer and toppings on the community room table if you missed out or would like to try a different combo. For use at your convenience, just please clean up after.

Resources & Info

Wayne Gardens Free Home Rapid Covid Test Kits

We still have plenty of free test kits and some N95 masks. If you would like either or both contact Lydia. Just be aware that while the N95 does a better job than typical masks of filtering it fits really tightly to the face and can feel uncomfortable for some.





Supplemental Nutrition Program

We're all seeing higher prices at the grocery stores these days.

SNAP (Supplemental Nutrition Program) is available for those who meet eligibility requirements to provide assistance paying for groceries.

Current income guidelines for seniors or those with a disability are a **net** monthly income of 1,074 per one person household or 1,452 per two person household. However, if medical bills are not covered by insurance and exceed \$35 per month they can be deducted from income and if rent exceeds half of adjusted income that percentage can be deducted as well.

Contact Lydia for more information if you think you may be eligible and are interested in applying.

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Game Reminder: We have a community room game cupboard. Games can be enjoyed in any of the common sitting areas in either building or even at outside tables when weather is nice-just please do not take games to your unit and return to the cupboard after use. Is there a game you would play if we had it? Let Lydia know and she may be able to add it to the collection. Need directions to a game? Lydia can locate the directions online for you and print them out.

New Wellspan Community Health Worker

On-Site

Ashley Corradino is joining us on Monday mornings to fill the position vacated by Brooke as our Wellspan Community Health Worker. Please note, Ashley does not have a medical background and can not give out medical advice. What Ashley **can** do is help you communicate with the healthcare system especially if your doctors are affiliated with Wellspan. If you have concerns or questions about health bills, insurance, your appointments or test results, or other medical issues Ashley can assist you in getting answers from your doctor and healthcare provider.

Ashley can also assist in arranging transportation for medical appointments and connecting you to other medical resources.

You can call Ashley by dialing the luminest number **(717) 977-3900 extension 124**. Ashley will be at that extension on Mondays 8-12. You can also reach Ashley at her other work locations by dialing the number below.

Ashley's office is located in the Valley Terrace Community Center. Calling ahead of time to schedule is recommended.



Ashley Corradino

On Site Mondays 8am – 12pm

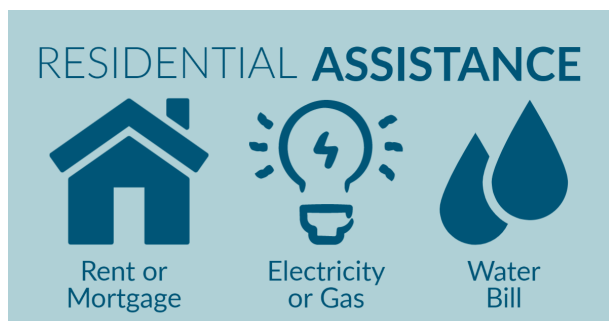
You can reach me at 717-264-0081 on
Wednesday, Thursdays & Fridays.



Free Medication Lock Boxes

Lydia (Supportive Services) has free medication lock boxes in her Wayne Gardens office if you would like one and did not receive one in the past.. All you need to do is ask and sign a form that you received one. The boxes are provided free of charge by Franklin/Fulton Drug and Alcohol.

These boxes are handy for keeping your medications all organized in one location and easy to grab if you need to take with you to a hospital visit or for showing EMT's your medications in case of emergency.



Emergency Rental & Utility Assistance

Do you need temporary assistance with rent or electricity? Have you fallen behind or feel you will be unable to pay for rent or electricity next month and still be able to afford your medical necessities and food? As of this publication there are still funds available through the government's ERAP (Emergency Rental Assistance Program). See Lydia if you would like to apply or find out more about the program.

Notices

Wayne Gardens Security

Please **do not open the Wayne Gardens doors for anyone other than your visitors or residents.** We continue to have incidents of residents opening the doors for people who say they are here to see management or other residents. One of the benefits of living at Wayne Gardens is that it is a secure building. You can point out the call box to anyone who asks to be let in and they can call the person they are visiting or the management offices using that box.

We also encourage you to keep your unit doors locked and only give the code to people you would feel comfortable giving a housekey to. We've been fortunate to not have any major issues but keeping your door locked not only keeps your possessions safe it keeps anyone who may confuse units from walking in on you.

Trash Chute



Reminder: Please be mindful of not putting anything too large for the trash chute in it and do not put boxes in it to avoid items getting stuck

Office Closures:

Kathy (Wayne Gardens Management) will be out the week of July the 11th-15th.



Warm Weather Energy and Cost Saving Refresher

Now that we are all running our air conditioning, here are some tips to cut down on energy usage which could benefit the environment and your pocketbook!

- During these warmer months if you have a window facing the sun closing the blinds/drapes on that window can help keep your home cooler
- Wash clothes in cold water whenever possible
- Unplug electronics when not in use. Even electronics not actively in use such as battery chargers and tvs often continue to draw energy when plugged in. This can save as much as \$200 per year.
- Wait until you have a full load of laundry or dishes to run your laundry machines and dishwasher
- Lights count for 12% of the average home's electricity bill which can be reduced by turning off lights when not in use
- When reheating foods use a toaster oven or microwave instead of your oven. They use less energy.
- A full fridge requires less energy to cool. Even if it is just filled with jugs of water, having a full fridge helps. However, do not add so much to your fridge/freezer that air circulation is blocked as this has the opposite effect.



Maintenance calls—

When calling in a work order, please speak clearly/slowly and provide: name, address (development name), and issue. Maintenance will usually only return your call if it is an emergency work order call made after hours—however, if your phone blocks unknown calls they will not be able to reach you if they have questions. Please remove this feature after calling in your workorder particularly if it is after hours. Please be aware that usually maintenance does not return calls for work orders that are non-emergency nor for emergency calls during regular hours unless they need more information. They do return calls for emergency after hour work orders.

Examples of emergencies are (but not limited to):

Plumbing leaks which could flood the unit or cause damage; Electrical hazards; No heat; Clogged toilet or clogged tub, if on a weekend and have no second tub and/or toilet; and completely clogged kitchen sink.

All other work orders will be handled as time permits. Changing light bulbs, etc. is not considered an emergency—no power or flooding is

Dates to Remember

07/12-Garden Club Meeting

07/14 July BINGO

07/19 Wayne Gardens Picnic Lunch

07/25 Restoration Church Meals

07/26 Fresh Express

07/11-07/15 Kathy (Management) on vacation

March Wayne Gardens Staff Schedules

Lydia (Supportive Services) – Wayne Gardens: Tuesday & Thursday 9-4,
ext:112.

Kathy (Management)– Wayne Gardens Monday & Thursday 9-3:30 & Friday
9-12:30 ext:111

Wellspan Community Health Worker– Monday mornings at her office in the
Valley Terrace Community Center from 8-12. Ashley can still be
reached by phone on Wed, Thur & Friday at the number listed

below in Contact info



Contact Information:

Call 717-977-3900

Kathy Kalina (Management) Ext:111 or email kkalina@luminest.org.

Lydia Frech (Supportive Services) Ext 112 or email at lfrech@luminest.org

Ashley Corradino (Wellspan Community Health Worker) Ext 124 or email at

acorradino@wellspan.org.. You can also reach Ashley on Wednesday, Thursday and Fri-
days at 717-264-0081

When mailing payments please use our office address:

Luminest

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Chambersburg, PA 17201

717-977-3900